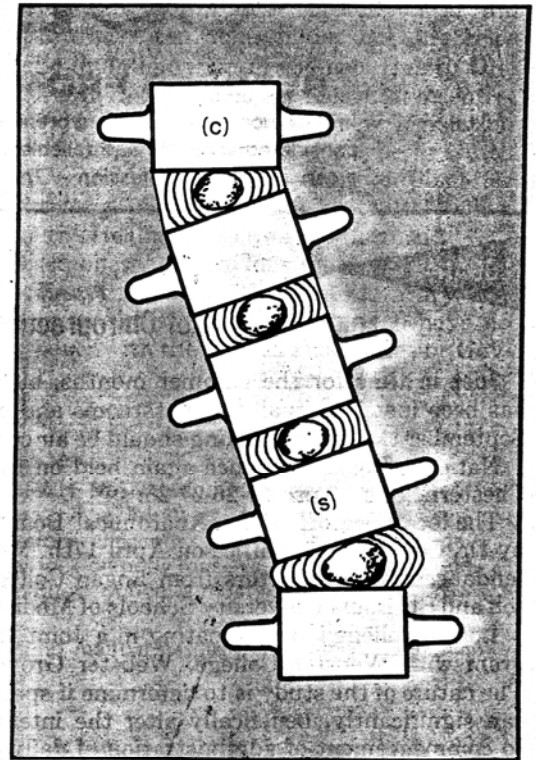


# Subluxation or Compensation?



One of the most baffling but important concepts to understand about the spinal column is the difference between a **subluxation** and a **compensation**. Says Dr. C.S. Gonstead, "Making the difference evident to chiropractors is primary to correction of the patient's problem. When a patient is not responding to ad-

justments, and X-rays show no structural change, more often than not, I have found that compensations are being adjusted rather than subluxations." "When a vertebra is misaligned due to subluxation, the architecture of the entire spine is affected to some degree," says Chapter 5 of *Gonstead Chiropractic Science and Art* textbook. The wedging of the disc in a subluxation causes the bodies of vertebrae above to change direction. A vertebra which is misaligned because of a subluxation elsewhere is considered a **compensation**. Compensations are neither fixed nor subluxated; that is they move freely because their nuclei are intact, and there is no disc protrusion caused by inflammation. In fact, compensations may even be hypermobile and appear more grossly misaligned than a subluxation. But, because there is no nerve pressure at the compensation, adjusting it causes no change. "Learning how to pinpoint subluxations, understanding precisely where the nerve pressure exists, is the remedy for avoiding the adjustment of compensations. We demonstrate this concept during every Seminar."



(s) Misalignments due to subluxation  
(c) Misalignments due to compensation

## GONSTEAD SEMINAR SCHEDULE, 1974

May June 14-16 July 12-14 August 9-11	NO SEMINAR Mount Horeb Mount Horeb Mount Horeb	September 20-22 October 25-27 November	Mount Horeb Mount Horeb NO SEMINAR	December 6-8 Florida Sheraton Hotel, 303 N. Atlantic Blvd., Ft. Lauderdale, Florida, 33304, 305/522-7461
--	---	--	--	--

### ACCOMMODATIONS:

Room reservations for Mt. Horeb Seminars may be made with the adjoining Karakahl Inn, P.O. Box 164, Mt. Horeb, Wis., 53572  
Phone A.C. 608-437-5545  
Clinic: A.C. 608-437-5585, ext. 260 or 268

### REGISTRATION TIMES:

For Mt. Horeb Seminars: 8-9 a.m., Friday, Beginners and Advanced Students; 5-6 p.m., Friday, Advanced Students; 8-9 a.m., Saturday, Advanced Students. For out-of-state Seminars: 8-9 a.m., Friday, Beginners and Advanced Students.

### REGISTRATION FEES:

Practicing chiropractor attending for first time. \$250.  
Practicing chiropractor returning for advanced work—\$100.  
Chiropractic college student attending for first time—\$100.  
Returning students \$75. Group rate available.  
Chiropractic assistants and wives, no charge.