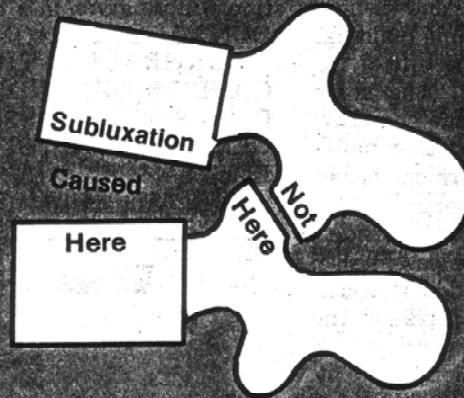


WHAT MAKES THE DISC CONCEPT WORK?

The principles of Spinal Mechanics." Says Dr. Gonstead.

Illustration reprinted from **Gonstead Chiropractic Science and Art Textbook**, Chapter 5, "The Mechanism of Vertebral Subluxation."



THE GONSTEAD THEORY

An anatomically and physiologically normal disc will allow the vertebral bodies to maintain their optimal relationships; provide flexibility to the spine while allowing vertebrae to move within limits of displacement.

A damaged disc that has sustained trauma to the spine, either accumulative or singular, becomes subject to a pattern of events which ultimately result in nerve dysfunction.

- 1) Trauma misaligns the vertebra.
- 2) The misaligned vertebral body compresses the disc and exerts pressure on the nucleus which is forced against the annulus.
- 3) The annulus fibers become deranged.
- 4) Ensuing tissue damage induces inflammation; edema causes the disc to swell and protrude.
- 5) Protrusion of the disc produces compression upon neural structures.
- 6) Nerve pressure produced results in nerve dysfunction.

GONSTEAD SEMINAR SCHEDULE 1974

April 26-28..... Mount Horeb
 May..... NO SEMINAR
 June 14-16..... Mount Horeb
 July 12-14..... Mount Horeb
 August 9-11..... Mount Horeb

September 20-22..... Mount Horeb
 October 25-27..... Mount Horeb
 November..... NO SEMINAR
 December 6-8..... Florida

Florida accommodations to be announced at a later date.

Correction of the offending vertebra back onto the disc reverses the sequence leading to nerve pressure and thus relieves it.

"The Gonstead Disc Concept works because it is based on clinically proven Scientific Principle." He says.

Beginning classes and advanced are presented during every Gonstead Seminar. Come and learn.

C.S. Gonstead, D.C.
 Founder and Director



ACCOMMODATIONS:

Room reservations for Mt. Horeb Seminars may be made with the adjoining Karakahl Inn, P.O. Box 164, Mt. Horeb, Wis., 53572
 Phone A.C. 608-437-5545
Clinic: A.C. 608-437-5585, ext. 260 or 268

REGISTRATION TIMES:

For Mt. Horeb Seminars: 8-9 a.m., Friday, Beginners and Advanced Students; 5-6 p.m., Friday, Advanced Students; 8-9 a.m., Saturday, Advanced Students. For out-of-state Seminars: 8-9 a.m., Friday, Beginners and Advanced Students.

REGISTRATION FEES:

Practicing chiropractor attending for first time. \$250.
 Practicing chiropractor returning for advanced work—\$100.
 Chiropractic college student attending for first time—\$100.
 Returning students \$75. Group rate available.
 Chiropractic assistants and wives, no charge.