

**2009 Gonstead Meeting of the Minds -VI**  
**“Everyday Challenges and Everyday Results in the Advanced Gonstead Doctor’s Practice.”**  
**October 10 - 11, 2009**

Sponsored by the Gonstead Clinical Studies Society

Host - Northwestern Health Sciences University 2501 W. 84th St., Bloomington, MN 55431  
www.nwhealth.edu

**Presenters**

Roger Coleman, D.C.  
David Geary, D.C.  
Mark Lopes, D.C.

Charles Martin, D.C.  
Gary R. Pennebaker, D.C.  
Dan Lyons, D.C.

Paul Hopkins, D.C.  
Joseph Sweere, D.C.  
Mary Tuchscherer, D.C

**Friday, October 9, 2009 - *Optional***

5:30 pm	The Annual Masters/Students Hands-On “Free” Workshop followed by a pizza party.
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**Saturday, October 10, 2009**

8:00 am -10:00 am	<b>Finding the Subluxation</b> Gary Pennebaker, D.C., DPhCS, GCSS Diplomate. "Finding and Correcting the Major Subluxation." How the chiropractor’s philosophy influences what they are able to find clinically and how it will influence the characteristics and the effectiveness of subluxation correction and management.
10:15 am - 11:45 am	Joseph Sweere, D.C. “Sticky Joints or a Progressive Disease Process?” The vertebral discal deformity of the subluxation, its role in progressive vertebral deterioration and disease the processes will be discussed. He will relate with some urgency his concern with how this key concept of the Gonstead system is trivialized in documents in particular the very influential World Health Organization's Guidelines on Basic Training and Safety in Chiropractic (WHO – Geneva Switzerland, 2005)
11:45 am - 12:15 pm	Roger Coleman, D.C. “The relationship between segmental subluxations and regional subluxations.” A discussion of how segmental function or dysfunction will influence regional and global spinal function.
12:15 pm – 1:45 pm	Lunch Bag lunch together. We will develop adjusting questions for the Pit Class.
1:45 pm-2:45 pm	<b>Correcting the Subluxation The Ultimate Pit class</b> Joseph Sweere D.C., Charles Martin, DC. - Both subtle and not so subtle considerations affecting the doctor’s subluxation evaluations and corrections. Anatomical, congenital, and developmental variants that affect the doctor’s set-ups and thrusts will be discussed as well as anatomical variants, anomalies vertebrae, special listings, pathology, scoliosis, curvatures, increased/decreased AP curves, regional considerations, patient physiotypes, gender, and age considerations. Slides of unusual x-rays will be presented. The benefits of different types of equipment, changes in doctor and patient positioning, modulation of force, vector, torque, and depth, relative to patient variants.
2:45 pm - 3:45 pm	Live video critique. The house video will provide live zoom-in projection of doctor/patient set-ups and adjusting to overhead screen. There will be side-by-side visual comparisons of doctor’s techniques, and discussions of their rationales for improving the corrective value of the misalignment and the neural component. All doctors will be asked to participate in the refinement of their set-ups and adjusting. All doctors will get a chance to “see” why some adjustments are not effective and gain insight into their limitations with very constructive feedback.
3:45 pm - 4:00 pm	Break
4:00 pm - 5:00 pm	Live video critique (continued.) Input of prepared doctor’s questions generated over lunch. Final questions for this topic will be discussed. Be prepared to answer, “What goes into getting the vertebrae to set the first time correctly? Why do some subluxations not correct as expected? What is the right feel associated with good set up, the time to thrust, and a good correction? In the geriatric spine, what do you do when there are 2 or more adjacent spondylolisthesis? Demonstrations will be provided.
5:00 pm - 6:00 pm	Extremity adjustment set-ups and atypical moves: Variations for pediatric and geriatric adjusting will be discussed.

<b>Sunday, October 11, 2009</b>	
8:00 am - 9:00 am	<b>Analyzing the Results</b> Mary M. Tuchscherer, D.C., Ph.D., Dave Geary, D.C. The ANS-Chiropractic Update. The ANS, understanding its function/dysfunction in breathing, circulation and immunity/inflammation.
9:00 am - 10:00am	Cases, observations and patient results in the “Typical Day” of the Advanced Gonstead Doctor’s practice. Mark Lopes, DC, moderator, with research advisor panelists, Roger Coleman, D.C., Joseph Sweere, D.C., and Mary Tuchscherer, D.C. suggesting analysis & literature that is relevant, and applications for further research. The audience attendees will offer their clinical experiences and observations.
10:00 am - 10:15 am	Break
10:15 am -11:15 am	A “Typical Day” continues. Interesting case results/clinical observations in a typical day of practice.
11:15 am - 12:15 pm	Time with Dr. G - Paul Hopkins, D.C relates his experiences with Dr. Gonstead over the 4 years that he interned at the Clinic in the 1970’s.